



CRES Dory News



Kindness Grit Responsibility Self-Control

Important Dates

Mondays, February 5, 12, & 26
Big Brothers Big Sisters, CRES Gym,
2:45-4pm

Mondays, February 5, 12, & 26
K-Kids Meeting, Mrs. Burke's room,
2:40-3:30pm

Monday, February 5
CRSA Meeting, Atrium & Zoom,
5:30pm

Tuesday, February 6
Gr. 4 Guest Speaker: Community
Member, 9-9:20am

Tuesdays, February 6, 13, & 27
Gr 2 Jump Rope Club, CRES Gym,
2:30-3:30pm

Tuesdays, February 6, 13, & 27
CRES Chess Club, Gr. 4 Common
Area, 2:30-3:30pm

Wednesday, February 7

Early Release
1:10/1:15pm dismissal

Wednesdays, February 7
Ballet/Junior Jazzin' Dance Class, Gr. 4
Common Area, 1:15-2:30pm

Thursday, February 8
Gr. 3 Guest Speaker: Rockport History,
Gr 3 Common Area & a Classroom,
8:45-11:30am

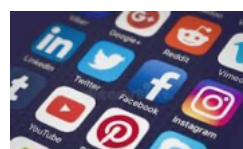
Thursday, February 8
Gr. 2 Guest Speaker: Tanglewood,
CRES woods, 12:20-2:20pm

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PRINCIPAL'S CORNER

Dear CRES families,

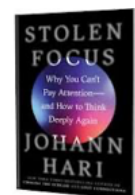
As we navigate the digital landscape, it's increasingly clear that social media can have a negative effect on the well-being of our children. At CRES, we are intentional about managing student screen time and making thoughtful choices about the apps and sites we engage with.



However, it's worth taking a moment to emphasize the importance of attending to our students' overall wellness in the digital realm. To support this, here are a couple of articles that focus on social media and its impact.

- [13 is too early to join social media.](#)
- [Social Media Design: 4 Things Parents Need to Know](#)

I also wanted to share a book recommendation that made a big impression on me in 2023 - "[Stolen Focus](#)." This powerful read by Johann Hari helped me understand why so many kids and adults are increasingly facing mental health challenges. Hari dives deep into how technology affects our ability to concentrate and get things done, even when it seems like we're always busy. The book speaks to the myth of multitasking, how social media algorithms can be addictive, and how they often prioritize content that makes us upset rather than bringing us together. It's a thought-provoking and extremely worthwhile read.



For a quick listen, here's a [30-minute interview](#) with Hari about "Stolen Focus" on *How I Built This* with Guy Raz.

On a related note, we have seen an uptick in students bringing personal digital devices to school. Here are a few CRES-specific **reminders** around technology expectations at school:

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Thursdays, February 8, 15, & 29Gr 3 & 4 Jump Rope Club,
2:30-3:30pmThursdays, February 8, 15, & 29Gr. 4 After School Math, Mr. Kady's
Room, 2:40-3:10pmThursday, February 8Family Folk Dance Night, CRES
Gym, 5:30-6:30pmFriday, February 9Gr 4 Field Trip: Learn to Ski (Kady &
Brown Classes), Camden Snow Bowl,
11:20-1:40pmFri., Feb. 9 & Mon. Feb. 12Gr. 2 Guest Speaker: Tanglewood,
CRES woods, 12:20-2:20pmWednesday, February 14Gr 4 Field Trip: Learn to Ski (Burke &
Dishop), Camden Snow Bowl,
11:20-1:40pmWednesdays, February 14 & 28Ballet/Junior Jazzin' Dance Class, Gr.
4 Common Area, 2:30-3:45pmWednesday, February 14 & 28Girl Scout Troop #1535 Meeting,
Gr. 2 & 3 Common Areas,
2:40-4:00pmWednesday, February 14Camden Rockport Schools Finance
Committee Meeting 5:45pm; Board
Meeting, 7:00pm, Rose HallThursday, February 15Gr 4 Field Trip: Learn to Ski (Kady &
Brown Classes), Camden Snow Bowl,
11:20-1:40pmThursday, February 15Gr. 3 & 4 After School Enrichment
"Parachutes", Art Rm, 2:30-3:30pm

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(Principal's Corner, from page 1)

- Please remember that cell phones, smart watches, tablets, and other personal digital devices are not allowed at school or on the bus.
- Please contact me if you have an extenuating circumstance. For example, I have allowed digital devices to stay in backpacks when students need to bring a device between households (e.g. a two-household separated family).



Thank you for all you do and for your ongoing support.

In Partnership,

Chris

Spring Registration for Kindergarten

The registration period for incoming Kindergarten students at CRES is now open! Camden-Rockport Elementary School is pleased to welcome students, who reside in Camden or Rockport, to register for Kindergarten for the 2024-25 school year.

Eligibility:

Children 5 years of age on or before October 15, 2024 who reside in Camden or Rockport.

Spring Registration Deadline:

The deadline to register before Spring Screening is April 8th, 2024.

Registration Process:

Forms and instructions are available from the Main Office at 236-7809 or the CRES Website at https://cres.fivetowns.net/parent_resources/school_registration . Please submit completed forms, along with the necessary documentation, in person to the school office.

Questions/Contact:

Contact Jenn in the Main Office at 236-7809 or jennifer.gomez@fivetowns.net .

News from the CRSA!

The 4th grade class kicked off our 2024 series of wellness events by hosting a make-your-own Taco Bar in January. Many thanks to all of the families that contributed to this lunch. The staff room was stocked

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Friday, February 16**Early Release *HALF-DAY*****11:25/11:30 am dismissal****February 19-23****NO SCHOOL, WINTER BREAK****Tuesday, February 27**

Gr. 4 Guest Speaker: Community Member, 9-9:20am

Thursday, February 29Gr. 1 & 2 After School Enrichment
"Lego Derby Track", Art Room,
2:30-3:30pm

**Grade 4 Ambassadors
are sponsoring
PATTERN DAY on
Friday 2/9/2024.**

**Help your child find any kind
of patterned clothing they
have at home from polka dots
to stripes to zig zags.**

**Spreading fun and community
spirit into the day!**



with crockpots full of meat, beans, tortillas and all the toppings. The 3rd grade class plans to continue this effort in February with a Valentine's Day themed breakfast and sweet treat spread.

Our next meeting is planned for Monday, February 5th at 5:30 at CRES (and via zoom). Come join us and help plan for the upcoming Book Fair, Staff Appreciation Event and fundraising efforts. If you're not able to join us, but are still interested in what we're up to, follow us on Facebook at [Camden-Rockport School Alliance](#).

Family Folk Dance Night - February 8th, 5:30-6:30pm

All families are invited to our first family folks dance night! Each grade has been preparing some dances to perform. There will also be chances for parents, siblings, and other guests to join in, and a live band.

Thursday, February 8**5:30-6:30 in the gym**

Come on out and dance with us!

Travel Alert!

School Breaks are just around the corner and many families are making plans to be away. Please read on to see what you need to do to prepare for a school absence, per School Board Policy (refer to pages 18-19 of the [Student/Parent Handbook](#)).

**PLANNED FAMILY ABSENCE:**

Parents/Guardians that have a planned absence(s), for personal or educational purposes while school is in session, need to notify the Assistant Principal in writing or by email katie.bauer@fivetowns.net in advance of the absence(s).

Procedures depending on the length of the absence:

ONE TO TWENTY DAYS: After approval from the Assistant Principal, the parent notifies teachers. Students will make up missed work when they return to school.

OVER TWENTY DAYS: For a planned absence of more than 20 consecutive days, parents are responsible for their child's education. They will need to fill out paperwork with the state to home-school their child. The student will be unenrolled from CRES for the duration of the time they are home-schooled and re-enrolled upon their return.



FEBRUARY MONTHLY TIPS

- New referrals earn \$5 for CRES by using promo code **ZNK571RW** and scanning ANY receipt!
- Consider Box Tops for this year's Valentines!
- Remember to scan your receipts within 14 days of purchase.

\$128.40

SO FAR WE HAVE REACHED \$128.40 OF OUR \$500 BOX TOPS GOAL. EVERY SCAN GETS US CLOSER!

VALENTINES IDEAS 




SOME BRANDS TO LOOK FOR!




FAMILY FOLK DANCE NIGHT



**FEB. 8TH
5:30-6:30
EVERYONE WELCOME!**



Nature-Based Pre-k Program

2024 - 25 School Year Enrollment

The Camden Rockport Elementary School will be accepting applications for the nature-based PreK Program beginning Oct. 15, 2023. Limited space is available.

Program Highlights

- Extensive outdoor time for learning in nature.
- Curriculum driven by child's interest/seasonal themes.
- Emphasizes learning with nature.
- Four full days for students: Mon, Tues, Thurs, Fri.



Eligibility:

Children 4 years of age on or before October 15, 2024 who reside in Camden or Rockport.

Application Process:

Lottery applications accepted until **March 15**

Forms and instructions may be found on the Camden Rockport Elementary School PreK website or by contacting the school at 236-7809. All applications received by March 15, 2024 will be added to the selection process. <https://cres.fivetowns.net>



Scan for application



Rockport Public Library's

VALENTINE'S DAY FAMILY TEA PARTY!

**February 10th
10:30 am - 12:00 pm**

Families will be seated at tables complete with decorations and specialty menus. Our cafe waiter will come around to take orders, and while you wait for treats and drinks, your family will have materials on your table to make homemade Valentines. Tea and hot chocolate will be served, as well as cookies provided by local business, Cookies-To-Go!

Free event, open to families.
Space is limited, so please RSVP by calling 207-236-3642.



Girls on the Run

COACHES NEEDED
FOR THE SPRING 2024 SEASON AT
CAMDEN-ROCKPORT ELEMENTARY SCHOOL!

Twice Weekly Practices
April 1st - June 2nd




Five Town Little League 2024 Registration is NOW OPEN!



Five Town Little League registration for the 2024 season is now open for all players ages 5 – 12!

Please visit the FTLL website today to sign up for the season, as well as the below indoor clinics and baseball/softball major evaluations at The Pitch in Warren.

Please note that signing up for the clinics or evaluations will NOT register your player for the season, that must be done separately.

REGISTER FOR INDOOR CLINICS, EVALUATIONS AND THE 2024 SEASON TODAY AT:
www.fivetownlittleleague.org

TUESDAY CLINICS (6-7pm for 7-9 year olds and 7-8pm for 10-12 year olds): 2/27 - Baseball 3/5 - Softball 3/12 - Baseball 3/19 - Softball 3/26 - Baseball	SATURDAY CLINICS (12:30-1:30pm for 7-9 year olds and 1:30-2:30pm for 10-12 year olds): 3/2 - Softball 3/9 - Baseball 3/16 - Softball 3/23 - Baseball 3/30 - Softball
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EVALUATIONS (returning Major players do NOT need to attend, this is for NEW players only)
 4/6 - 12:30-2:00pm - Softball
 4/6 - 2:00-3:30pm - Baseball

Please email mainefivetownlittleleague@gmail.com with any questions.
 You can also follow us on Facebook at Five Town Little League. Let's play ball!

ART STUDIO



HONORING BLACK HISTORY MONTH

WEDNESDAYS AT 4PM AT THE ROCKPORT PUBLIC LIBRARY!

2/7 "RESURRECTION": A COLOR FIELD STUDY OF ALMA THOMAS

2/14 IN THE STYLE OF AARON DOUGLAS: WATERCOLOR AND COLLAGE

2/21 "EVENING RHAPSODY": RECREATING THE NORMAN LEWIS PAINTING





READY. SET. SUMMER!

PENOBSCOT BAY YMCA SUMMER CAMP 2024 GUIDE



FIND YOUR ADVENTURE!

- Discovery Camp
- Camp Wonder
- Snow Bowl Camp
- Adventure Camp

Penobscot Bay YMCA
 P: 207.236.3375
 W: penbayymca.org • E: bblake@penbayymca.org

MCKINNEY-VENTO EDUCATION

Is your housing situation making it hard for you or a loved one to succeed in school?

School-aged youth in temporary or inadequate housing have certain rights and protections under the McKinney-Vento Act.

- Stay in the same school even if you move, and receive transportation to that school, as long as it is in the student's best interest.
- Enroll in school immediately without the documents schools usually require
- Receive free school meals.
- Get help with school supplies and other needs.

CONNECT WITH YOUR LOCAL SCHOOL DISTRICT LIAISON:



Scan the QR code or visit this website:
<https://bit.ly/3Eh3Rlt>